

We hope these 5 buttons can be helpful to front-line staff by wearing the important messages about these supplies in their interactions with clients.



Why we chose these five messages:

- 1 I am not a Coaster! I'm a post-injection Dry Swab**

We are aware many people believe the post-injection dry swab that comes in both the Stericup and One-Use Cooker packages is a coaster for their heated cooker to sit on. We hope this button will help to begin the conversation that the alleged coaster is in fact a dry swab to be used after injection to absorb blood.
- 2 Make your own pipe with FOIL**

This button is to encourage making foil pipes out of the One-Use foil OHRDP provides. We know many sites provide straight stems to go along with foil for safer inhalation. There are sites who have been making foil pipes for inhalation, and we would like to encourage this. OHRDP has made two videos showing how to fold the One-Use foil into pipes, you can see them here: <https://vimeo.com/370333818> and <https://vimeo.com/370333082>. If you would like OHRDP to send you samples of foil for the purpose of practice and demonstration, please let us know and we will send you some packages.
- 3 Straight Stem + Mouthpiece + Brass Screens**

This message is to encourage use of appropriate supplies for safest inhalation. Tightly packed screens, instead of steel wool like Brillo, helps decrease chances of hot Brillo pieces entering the body. The personal mouthpieces help to increase mouth care by avoiding risks of burns or lesions. We encourage you to use the message about mouthpieces a Core Program shared with us: "you'd like a straight stem? - take a mouthpiece too, they go together."
- 4 Vit C for brown or black tar heroin and crack cocaine**

Vit C can be a confusing supply as it is not needed for most drugs. The primary use of Vit C is for brown/black tar heroin and crack cocaine to break them down into a water soluble injectable form. Only the smallest amount is needed. Using more Vit C won't break down filler or coating of pill form opiate drugs, but will increase the risks associated with injecting a very acidic solution. Using Vit C when it is not needed, or using too much, can cause damage to veins.
- 5 Cooker and lighter EVERY TIME**

An important message to share with clients is to cook all drugs, every time. Heating drugs to a boil may help to kill virus/bacteria/mould/yeast/fungi that could be injected along with the drug.

**If you have questions about these button messages or any other harm reduction supplies, please contact us at:
1.866.316.2217 or info@ohrdp.ca**